



Eat Smart in Denmark How to Decipher the Menu, Know the Market Foods Embark on a Tasting Adventure

By Carol L. Schroeder

Ginkgo Press. Paperback. Condition: New. 160 pages.
 Dimensions: 8.5in. x 5.4in. x 0.5in. Danish cuisine has been in the gastronomic spotlight since Noma was voted the best restaurant in the world four times, starting in 2010. Noma is part of the New Nordic Cuisine movement, making use of fresh local ingredients to create variations on traditional food and drink. The average visitor to Denmark is not likely to eat at Noma reservations are almost impossible to get and prices are high even by Danish standards but there are countless opportunities throughout the country to enjoy traditional and New Nordic Danish dishes ranging from the world-renowned wienerbrød pastry to rye bread topped with pickled herring. This indispensable guide will educate you about the time-honored foods that form the cornerstone of New Nordic Cuisine, as well as the correct way to eat smørrebrød, how to order a hot dog from a plsevogn, and what Danish words you need to shop for fresh grøntsager in an outdoor market. For a small country, Denmark is surprisingly rich in culinary traditions, many of which date back to Viking times and earlier. Join us for an entertaining, informative trip through the country, from Sjælland to Jylland, sampling the full...



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