



The Love Code: The Secret Principle to Achieving Success in Life, Love, and Happiness

By Alexander Loyd Phd. Nd

Harmony. Paperback. Condition: New. 288 pages. Did you know that most self-help programs that follow the standard success blueprint have a 97 failure rate The truth is that the typical personal improvement mantra of tapping into your willpower and activating the power of positive thinking is actually a recipe for failure. In *Beyond Willpower*, bestselling author and psychological counselor Alexander Loyd, PhD, ND, reveals a unique, highly effective program to help you finally achieve the life you want and the success you deserve. Science has proven that stress, or internal fear, is the primary source of virtually any problem we encounter physical, spiritual, emotional, and even circumstantial. New research has shown that fear is literally programmed into us at the cellular level, which is why most of us are unable to turn off our stress response by willpower alone. For the first time, this book teaches you how to change your cellular programming from fear to love, triggering a natural chemical chain reaction that fuels you for your best success. Rooted in science, ancient wisdom, and proven therapeutic techniques to remove personal obstacles that sabotage us, *Beyond Willpower* offers a revolutionary 40-day holistic program based on more than 25 years...



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Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

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Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Germaine Welch**