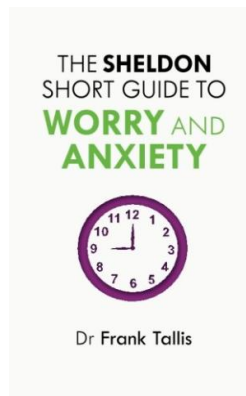


## The Sheldon Short Guide to Worry and Anxiety



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