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- Understand the risk factors associated with training-related musculoskeletal injuries.
- Understand interventions with varying levels of evidence for effectiveness in preventing training-related musculoskeletal injuries.
- Understand the presentation and acute treatment of Soldiers with training-related musculoskeletal injuries.
- Implement appropriate evaluation and acute treatment for Soldiers with training-related musculoskeletal injuries.
- Advise commanders on planning, implementing, and evaluating a comprehensive program to reduce musculoskeletal injuries related to PT.



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